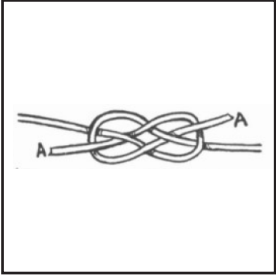
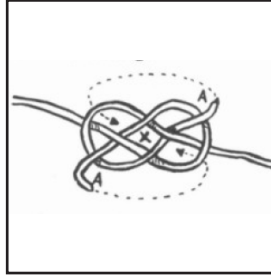


# ROVER CORD INSTRUCTIONS

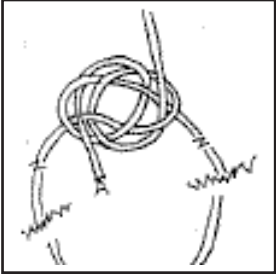
You will need: 1 x 3M Red Cord, 1 x 3M Black Cord, 1 x Twissors to pull the cord in the Turks Head.



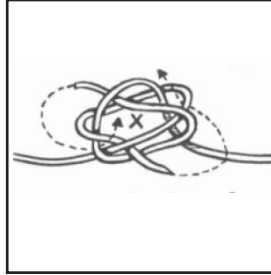
**Step 1:** First, make a Carrick Bend in the middle of the red cord cord.



**Step 2:** Now, follow the ends "A" round as lines shown: the letter "X" shows the center for second cord.



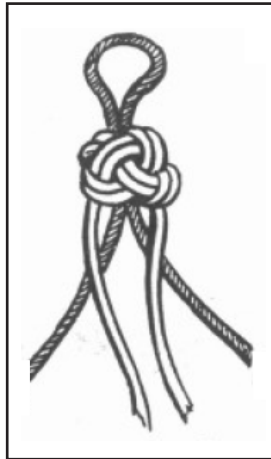
**Step 3:** Knot should now look like this.



**Step 4:** Ends "A" now dip into knot at "X" and BACK track strand "Z," weaving with "Z" strand until end "A" starts to make a third strand, stop.



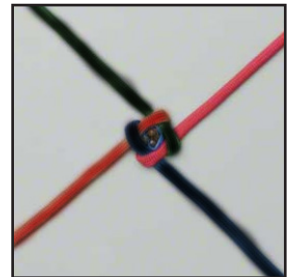
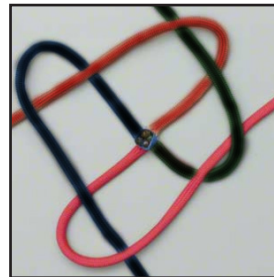
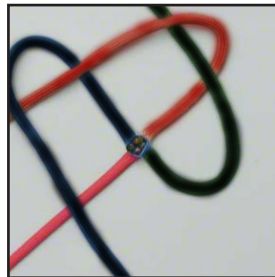
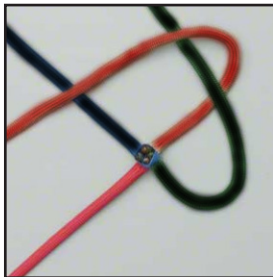
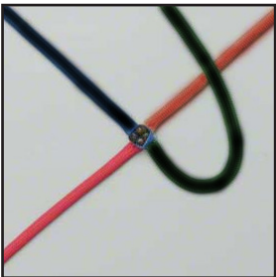
**Step 5:** Your Turk's Head is complete.



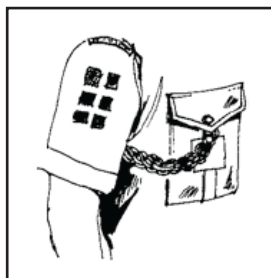
**Step 6:** Take the black cord and at the midway point of cord, push it up through the center of Turk's Head, as shown. Now tighten the Turk Head around the cord.



**Step 7:** Use the four ends together. Turn the ends towards you. Tie a crown knot and tighten. Reverse direction, tie another crown knot and tighten. Keep repeating until The total length of braiding should flow from the button to just under the arm.



**Step 8:** The total length of braiding should flow from the button to just under the arm. Finish off with a second Turk's Head in a similar manner as the first using the red cord.



**Step 9:** With the black cord tie into a loop to go over your shoulder using a fishermans knot. Try to keep the knot under the armpit so it is not visible on the uniform.



**Note:** Your completed cord should look similar to the image.